

Save the date!
October 23, 2008



CONNECTICUT
Breastfeeding Coalition

The Connecticut Breastfeeding Coalition will hold its 5th annual conference on October 23, 2008 and is proud to present Cathy Carothers as speaker.

For updates and more information, please visit the CBC website at www.breastfeedingct.org

Cathy Carothers is co-founder and co-director of EVERY MOTHER, INC., a nonprofit 501(c)3 organization providing counseling and lactation trainings and technical assistance for health professionals and families across the United States. She has provided counseling and breastfeeding training programs in nearly every U.S. state and at numerous national and international conferences.

Cathy is an International Board Certified Lactation Consultant (IBCLC) since 1996, and Director of Marketing for the International Lactation Consultant Association. She is the former Training and Outreach Coordinator for Best Start Social Marketing, where she served as project coordinator for several national breastfeeding promotion and support projects for USDA, the Centers for Disease Control, and the Maternal and Child Health Bureau. She is the former State WIC Breastfeeding Coordinator for the Mississippi State Department of Health, where she coordinated the state's comprehensive breastfeeding promotion program that earned them the "National WIC Award."

She is her organization's representative to the United States Breastfeeding Committee, and has served as the USBC's Media and Marketing chair. She was also founding president of the Mississippi Breastfeeding Coalition. An experienced trainer and speaker, she has provided nearly 300 training events on counseling and breastfeeding promotion and support topics across the country.

She is married to a United Methodist minister, and the mother of 5 healthy breastfed children, now ages 15 to 26.



Cathy Carothers, BLA, IBCLC, RLC
Every Mother, Inc.
Training and Consulting
www.everymother.org